

Mr. Ron Bremner, President  
Gold Medal Consulting Group Ltd  
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Dear Ron,

Ron I am writing to thank you for the support and guidance you provided me with over the course of our executive coaching relationship these past two years.

During our work together Ron I learned a great deal from you about leadership, about the need to shift organizational cultures from being busy to being productive and about the need for, and process of, building relationships to build your business. These are lessons I am now applying daily to great effect in my organization. Most importantly though your engaging, friendly and humorous style made our work together both enjoyable as well as productive. Your ability to call on your wealth of real life experience to illustrate your advice always made your advice more credible, entertaining and highly practical – not some theoretical text book jargon that was dry and not reality tested.

The frequency of our meetings was crucial I think to the value I derived from our time working together. Our meetings often turned out to be quite timely as I managed the day to day leadership issues in my organization and they certainly were always filled with valuable business lessons I could apply immediately to my work. In addition to our regularly scheduled meetings I truly appreciated your willingness to be available to me between meetings should the need arise.

I believe I have grown as a leader as a direct result of our work together and so again I want to sincerely thank you for this Ron. But perhaps as important as the knowledge and experience you shared with me during our time together I want to thank you for the friendship you extended to me. Your approach to executive coaching is not a cold and clinical one but rather a warm and human one – and for me that made all the difference.

All the best,



Paul Melia  
President and CEO  
Canadian Centre for Ethics in Sport (CCES)